“Cure sometimes, treat often and comfort always.”

Hippocrates
FACE TREATMENTS
**BASIC TREATMENTS**

**RITUAL OF PURITY**
A customised deep cleansing treatment that purifies all skin types.
90 min / €120

**FACIAL MASSAGE**
Relaxing, hydrating facial massage including the décolleté.
25 min / €70

**HEART OF THE OCEAN (ABSOLUTE HYDRATION)**
An enhanced treatment for absolute hydration, using active ingredients from the ocean, rich in minerals and trace elements. Contains hyaluronic acid for maximum hydration to the deepest layers of the skin. Your skin will be smoother than ever.
60 min / €110

**THALGO REGENERATING & FIRMING TREATMENTS**

**SPIRULINE BOOST SMOOTHING DETOXIFYING TREATMENT** by Thalgo
Detoxifying treatment to refresh the features, recover a fresh complexion and smooth skin. The combination of Energising Spirulina with Marine Magnesium corrects the first signs of skin fatigue.
60 min / €110

**HYALU-PROCOLLAGENE WRINKLE CORRECTING TREATMENT** by Thalgo
Wrinkle to wrinkle treatment combining hyaluronic acid & marine pro-collagen with 3 Roller Boosters. Instantly, the face looks relaxed and even pronounced wrinkles appear smoothed.
60 min / €110

**THALGO SILICIUM (40+)**
Tightening and improving firmness.
75 min / €130

**THALGO BEAUTY FLASH**
The ultimate express face and eye treatment using the unique Thalgo Eye Massage Mask.
40 min / €80

**SPECIALISED TREATMENTS**

**PRODIGE DES OCEANS**
An oxygenation treatment that relieves wrinkles with a special massage inspired by the Kô Bî Do technique.
90 min / €150

**ILLUMINATING RADIANCE FACIAL**
Reveal the beauty and radiance of your skin with a free radical treatment.
60 min / €80

**ST. BARTH PURENESS**
A complete cleansing, toning and exfoliating treatment for face and décolleté.
60 min / €130

**ST. BARTH FRESHNESS**
A sophisticated face and neck treatment consisting of cleansing and gentle exfoliation, a revitalising massage and clarifying mask. The combination of fresh tropical fruits and high quality oils, lotions and gels is especially effective and enchanting with its delicate textures and exotic aromas.
90 min / €150

**CAVIAR TREATMENT**
The ultimate anti-aging and firming treatment with caviar. Caviar is made up of beneficial proteins, which boost cellular metabolism and stimulate collagen production.
75 min / €120
SPECIALISED TREATMENTS

THALGO MARINE PRELUDE
Delightful exfoliation treatment with natural sea mud and salt for deep cleansing.
60 min / €100

CLASSIC MICRONISED SEAWEED TREATMENT
Body treatment with 100% natural seaweed ideal for detoxification and replenishment of metallic elements. Ideal for skin diseases
30 min / €80

AROMACEANE SLIMMING
Holistic body treatment for slimming, detoxifying and relaxing using 100% Dead Sea Mud.
60 min / €100

EGYPTIAN SCRUB
Authentic method of peeling with natural sponge.
25 min / €80

AESTHETIC TREATMENTS

AQUATIC SCRUB BODY TREATMENT
This ultimate exfoliation treatment is ideal before weight loss or sun tanning. Natural sea salts and marine mud exfoliate infuse the skin with beneficial minerals. Skin is left feeling smooth and refined after the removal of dead skin cells and the entire body is invigorated and relaxed.
25 min / €80

THALGO INDOCEANE
Aromatic peeling treatment with unique massage technique complete with a warm body mask.
90 min / €150

BODY SCULPT WITH BODY PALP
Tightening treatment and treatment of cellulite with suction massage to visibly reshape the silhouette.
45 min / €90

CRYOTHERMAGE TREATMENT
Complete body treatment for the treatment of cellulite, skin relaxation and local thickness. The combination of cryotherapy (application of liquid nitrogen at a temperature of down to -162°C) and body heat treatment have immediate results. Its active ingredients activate the process of lipolysis, detoxify and restructure the supporting tissues.
90 min / €160

ST. BARTH SOFTNESS
A body exfoliation method with fresh papaya, white sand granules and rich coconut oil.
30 min / €90

ST. BARTH ELASTICITY
Body wrap with fresh cucumber, green or pink clay mousse with menthol camphor oil and ivy gel to give the skin a silky softness.
30 min / €90

ST. BARTH SENSATION
A pampering body mask combined with a relaxing massage.
50 min / €110
DRY AREA HAND MASSAGE

APOLLO MASSAGE
A combination of the best massages available at our Thalassotherapy Centre, using essential oils. Includes hot stone, bamboo and head massage.
75 min / €160

EF ZIN
Muscle massage with organic Greek olive oil enriched with organic Greek lavender.
30 min / €80 or 60 min / €130

RELAXING MASSAGE WITH ESSENTIAL OILS
Treatment which brings maximum relaxation, optimised by the calming effects of essential oils.
25 min / €80 or 50 min / €120

4 HANDS’ RELAXING MASSAGE
Relaxing massage with essential oils, performed by two therapists for ultimate relaxation.
35 min / €120

LYMPHODRAINAGE MASSAGE
This massage is aimed at our lymphatic system. Soft, slow and regular pressure assists to drain fluids and improve circulation. Ideal for treating oedema and cellulite.
50 min / €130

BAMBOO MASSAGE
This massage combines advanced hand movements (kneading, pressure and gentle compression), with the skilful use of bamboo canes, to achieve a deep state of relaxation and major detoxification of the body. Warm bamboo canes are used to unwind the lower back, focusing on tense areas and the rib cage, shoulders and neck. It also stimulates and eases blood and lymphatic circulation.
50 min / €120

HOT STONE MASSAGE
Hot stone massage uses smooth heated stones—basalt—and they are placed on your body, on specific anatomic points and particular energy zones.
60 min / €130

SHIATSU MASSAGE
An ancient Japanese version of Chinese acupressure massage, re-balancing the body’s energy and setting in motion its own mechanisms of defence and recovery.
60 min / €140

THAI MASSAGE
The therapist uses his or her hands, knees, legs and feet to move you into a series of yoga-like poses.
60 min / €140

REFLEXOLOGY MASSAGE
A specialised massage where the therapist applies pressure to particular points on the feet, balancing the nervous system.
30 min / €80

THERAPEUTIC MASSAGE
A specialised body treatment ideal for assisting with muscle injuries.
30 min / €80

HEAD MASSAGE
An enjoyable, soothing massage of the head, which evokes total calm and relaxation.
30 min / €80

ST. BARTH MEN RELAXING HEAD & FOOT MASSAGE
Refreshing aloe vera gel and regenerating moisturizing facial fluid HOMME as well as firming body gel and ivy extract pamper stressed male skin.
30 min / €90

ST. BARTH HARMONY PAMPERING BODY MASSAGE
Enjoy a relaxing massage and choose from hot coconut oil, avocado oil, gel with ivy extract and menthol oil and indulge yourself in intoxicating aromas by choosing your favorite body lotion with avocado, vanilla or apricot oil.
60 min / €140

ST. BARTH SLIMNESS
For rapid relief and relaxation of tired and swollen legs.
30 min / €90

ST. BARTH CHILL OUT
Intensively relaxation therapy using a particular type of clam with self-heating properties.
90 min / €180

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CRYO PENGUIN

ARMS
30 min / €60

STOMACH
30 min / €60

THIGHS & BUM
50 min / €110

CALVES
30 min / €60

FACE, NECK & DÉCOLLETTÉ
20 min / €60

Rehabilitation Upon Request

Cryotherapy is the application of cryogenically cooled liquid nitrogen to specific parts of the body and the face, exposing them to temperatures as low as -162°C. The increased blood flow, collagen and elastin formation gives skin tightening, anti-cellulite, anti-aging, whitening and brightening results.

Available also in packages of 10 / For the body and face a course of at least 10 treatments is recommended.

JET PLASMA LIFT + CRYOFAN
This micro current and galvanic technology, with the application of Jett Serum Liftital and Whitening Essence, serums containing pure vitamin C, hyaluronic and lactic acid, minimizes the appearance of fine lines, even texture and gives a glowing healthy skin.

Face, Neck, Décolleté 75 min / €95

HYDROMASSAGE SALT WATER BATHS

THALASSOTHERAPY POOL - ANALYTIC JET SESSION
An under water jet massage is undertaken in the main Thalassotherapy pool, completed by simple exercises, making your body more supple and toned.

Offers ultimate relaxation and decreases fluid retention.

Weekdays 45 min / €50 • Weekends 45 min / €65

HYDROMASSAGE SALT WATER BATHS

ST. BARTH DREAM
Hydromassage bath combined with oils from the Caribbean to stimulate blood circulation, relax muscles and joints.

20 min / €60

JET SHOWER
A deep massage using high pressure salt water, relaxing the muscles and stimulating blood circulation and the lymphatic system.

15 min / €50

CROMOTHERM
Application of algae with the method of chromotherapy.
Hot seaweed with essential oils, combined with the steam bath, help you slim-down and eliminate toxins.

30 min / €80
MEDICAL AESTHETIC TREATMENTS
DIAMOND MICRODERMABRATION WITH VITAMIN C
Ideal for dull, oily or sun-stressed skin.
Combines the mechanical exfoliation and antioxidant action of Vitamin C with ultrasound, helping to remove dead cells that make it skin to look dull and tired. Minimizes the appearance of minutes lines and wrinkles, discoloration and scars on the skin.
45 min / €150

MICRONEEDLING COLLAGENESIS
Facial mesotherapy with the application of microwave dermaroller, causes natural collagenogenesis and regeneration of the face without scalp. The skin acquires vigorous, radiant and deeply hydrated, painless and natural.
45 min / €150

FIRE & ICE REJUVENATING TREATMENT WITH AHA*
The use of acid fruits is the most painless and effective method of improving the facial image. Provides hydration, toning and shine to the skin.
*After the treatment you should avoid sun exposure. Suggested from October through March.
45 min / €130

HYDRAFACIAL™
The only non-invasive treatment that combines cleansing, exfoliation, moisturizing & antioxidant protection, delivering a striking effect on face. Ideal for dehydrated skins and skin with intense pores and sebum.
45 min / €130

REVEAL IMAGE™ (SKIN CONSULTATION)
Canfield Complexion Analysis is a method of localization and analysis of skin damage. It is a useful diagnostic tool for the choice of suitable treatment and also for the follow-up of treatment results. Using Canfield’s exclusive RBX Technol-
yogy, it shows subsurface pigmentation and vascular features to help skin care professionals develop highly targeted treat-
ment recommendations.
15 min / €50

SKINLED + MANDELIC ACID:
New non-invasive skin regeneration therapy, combining mesotherapy Skin Led and use of Mandelic Acid, penetrating deeper into the acid layers of the skin. Suitable for anti-aging, photo-aging, oily andonal adjustments, skin patches and spots.
45 min / €180

XERO-LIPO METHOD
An innovative, pain-free, two different laser wavelengths technology combats and eliminates stubborn, localized fat deposits in areas that are resistant to exercise and diet.
30 min / €100

NEUROMUSCULAR STIMULATION USING XERO-LIPO METHOD
Neuromuscular stimulation combines three different energy activities that result in muscles strengthening and skin tightening in the treated areas.
30 min / €100

TARGETED BODY SHAPING WITH HYPOXI™ & VACUANUT™
*Available only in packages of 8 including Nutrition control
The protocol for local fat and weight loss with gentle exercise in vacuum (Hypoxi method), achieves targeted action on belly, thighs, buttocks or any other area of the body where the problem is identified; combining alternatives stress and mild aerobic exercise. Worldwide recognized and patented by diploma patent, developed by Dr. Egger, has obvious results against the local thickness, cellulite and mild skin relaxation. A course of 8 treatments is recommended over 4 weeks with 2 treatments per week.
30 min / €60

VELASHAPE III
A non-invasive treatment that uses ELOS technology, combining radio frequencies, infrared light, suction and mechanical pressure. The specialist machine focuses on areas that show cellulite and relaxation, where the energy of infrared light and radio frequencies is transmitted. She converts to heat, increasing fat cell metabolism to final resulting in its shrinkage. At the same time, the radio frequencies activate it production of collagen and elastic, tightening loose skin.
Chin €100 / Arm €100 / Back €150 / Belly €200 / Thighs €200 / Buttocks €150 / Calves €150

BODY CONTOUR THERAPY BY LIPO LIPOLYSIS METHOD™
*Available only in packages of 8 including nutrition control
i-Lipo™ is a low laser lipolysis treatment offering you a way to achieve inch loss and body contouring with no pain, noneedles and no down time. Typically a 2-4 cm loss in abdomen circumference can be achieved with every treatment. A course of 8 treatments is recommended over 4 weeks with 2 treatments per week.
30 min / €100

DOUBLE LASER FOR FAT REDUCTION
A state-of-the-art laser lipolysis technology that works via the in-
novative simultaneous use of two wavelengths, aimed at effectively combating resistant local fat.
The overall result includes the reduction of local fat and inches from problematic areas, improvement of the degree of cellulite and tight- ening of the weakened areas.
15 min / €100

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BEAUTY TREATMENTS

BASIC MANICURE  60 min / €50
MANICURE SEMI PERMANENT  75 min / €60
BASIC PEDICURE  60 min / €60
PEDICURE SEMI PERMANENT  75 min / €70
REMOVAL OF SEMI PERMANENT manicure or pedicure €50
NAIL POLISH FOR HANDS  15 min / €35
NAIL POLISH FOR FEET  15 min / €35

FULL LEG €50
HALF LEG €40
FULL ARM €40
HALF ARM €35
BRAZILIAN WAXING €45
BACK/CHEST €45
LIP €20
CHIN €20
FULL FACE €55
EYEBROWS €30
UNDERARMS €15

FITNESS CENTRE
Our fully equipped gym, with state-of-the-art Technogym machines, offers everything you need for a complete workout. €40

GROUP CLASSES €50
YOGA LESSON €50
TRX PERSONAL TRAINING 30 min / €40
PERSONAL TRAINING (BY APPOINTMENT) A custom exercise program tailored to your personal requirements, designed to enhance and improve fitness and physique. You can also choose from Pilates, Yoga, Aqua Aerobics or a total body work out. *mandatory gym entrance fee 60 min / €50 (spa members)

STEAM ROOM / SAUNA €40
NUTRITIONAL COUNSELING SESSION Initial Consultation €70 • Following Consultations €45
FOOD INTOLERANCE TEST (BLOOD TEST FSD) €170
GENERAL CHECK-UP WITH OUR PHYSICIAN €100

WAXING

NAIL POLISH FOR HANDS €25
NAIL POLISH FOR FEET €25

FULL LEG €50
HALF LEG €40
FULL ARM €40
HALF ARM €35
BRAZILIAN WAXING €45
BACK/CHEST €45
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CHIN €20
FULL FACE €55
EYEBROWS €30
UNDERARMS €15

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FULL LEG €50
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FULL ARM €40
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Initial Consultation €70 • Following Consultations €45

**FOOD INTOLERANCE TEST (BLOOD TEST FSD)**
€170

**GENERAL CHECK-UP WITH OUR PHYSICIAN**
€100
“Healing begins, with an aromatic bath and daily massage.”

Hippocrates
FOR RESERVATIONS
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