"Cure sometimes, treat often and comfort always."

Hippocrates
FACE TREATMENTS
BASIC TREATMENTS

RITUAL OF PURITY
A customised cleansing treatment that purifies all skin types.
90 min / €100

FACIAL MASSAGE
Relaxing, hydrating, stress relief facial massage including the décolleté.
25 min / €60

HEART OF THE OCEAN (ABSOLUTE HYDRATION)
An enhanced treatment for absolute hydration, using active ingredients from the ocean, rich in minerals and trace elements. Contains hyaluronic acid for maximum hydration to the deepest layers of the skin. Your skin will be smoother than ever.
60 min / €80

SPECIALISED TREATMENTS

PRODIGE DES OCEANS
This Beauty Ritual provides ultimate revitalization and total youthfulness. It provides the revitalizing benefits of Intelligence Marine Regenerative, a complete concentration of 63 marine active ingredients – exclusive THALGO patent. Prodigé des Oceans offers pure plumping oxygenation, and its iconic massage inspired by Ko Bi Do, an ancestral Japanese manual facelift technique, visibly smooths wrinkles and restores firmness and elasticity to the skin. The face glows with renewed youth.
90 min / €120

ILLUMINATING RADIANCE FACIAL
Reveal your skin’s beauty and radiance in just 40 minutes! The facial begins with a relaxing welcome massage, cleanse and exfoliation, after which the Ultra Radiance Mask is applied with “botox-like” effect.
40 min / €65

ST. BARTH PURENESS
A face and neck treatment followed by perfectly matched care products. Cleansing, toning and exfoliation are inspired by the fragrant blossoms and fruits of tropical gardens. Camphor & menthol oil and tautening ivy gel provide a revitalising face and neck massage. While the clarifying mask takes effect, close your eyes and enjoy a soothing hands and arms massage.
60 min / €110

ST. BARTH FRESHNESS
A sophisticated face and neck treatment consisting of cleansing and gentle exfoliation, a revitalising massage and clarifying mask. The combination of fresh tropical fruits and high quality oils, lotions and gels is especially effective and enchanting with its delicate textures and exotic aromas. Following the application of the mask made of clay, pineapple or cucumber mousse, a relaxing hands massage is offered to you.
90 min / €125

THALGO REGENERATING & FIRMING TREATMENTS

THALGO COLLAGEN SMOOTH & FILL FACIAL (25+)
Facial treatment with collagen leaves for deep hydration and smoothing expression lines. Immediate results from the first application, reviving the skin’s glow.
60 min / €70

THALGO HYALURONIC TREATMENT (35+)
A unique treatment using hyaluronic acid molecules which retain moisture in the skin. Combined with massage, there is immediate improvement to fine lines and wrinkles on the face.
60 min / €80

THALGO SILICIUM (40+)
A spectacular therapy with specific active ingredients such as collagen, hyaluronic acid and silicon (silicium), selected to improve firmness, filling and smoothing of wrinkles. A single application is sufficient to see your skin refreshed and bright and facial contours more toned.
75 min / €90

THALGO BEAUTY FLASH
The ultimate express face and eye treatment using the unique Thalgo Eye Massage Mask. The final effect will leave you with a healthy glow and an instant rejuvenation of the eye contour area.
40 min / €65
BODY TREATMENTS
AESTHETIC TREATMENTS

THALGO INDOCEANE
A luxurious therapy inspired by the Orient, including an aromatic peel of essential oils, Ayurvedic massage with energising balm to release tension, and completed with a warm silk body wrap, leaving the body replenished and revitalised.
90 min / € 120

BODY SCULPT WITH BODY PALP
Tailor-made Slimming & Firming Treatment
Offering performance and effectiveness, this made-to-measure, professional slimming treatment combines THALGO's cosmetic expertise with patented Body Palp technology. The highly active hot/cold-effect double body wrap are combined with Body Palp to visibly resculpt your figure, smooth cellulite and firm and tone your skin.
45 min / € 70

ST. BARTH SOFTNESS
A full-body exfoliating massage formula to pamper the body senses with the treasures of tropical nature. The fruit enzymes of fresh papaya combined with a special sea-sand polish complex gently removes the dead skin cells and rich coconut oil provides valuable nutrients. Your entire skin takes on a visible improved appearance and velvety smooth texture.
30 min / € 80

ST. BARTH ELASTICITY
The creamy body wrap is individually prepared to suit each skin type - with fresh pineapple or cucumber mousse and green or pink clay. It contains beneficial minerals, trace elements and vitamins; camphor & menthol oil and tautening ivy gel have both a soothing and invigorating effect. Relax and devote yourself entirely to this moment: while the wrap releases its clarifying and firming properties, either a head or foot massage adds that feel-good factor.
30 min / € 85

ST. BARTH SENSATION
A pampering body mask combined with a relaxing massage. The body mask provides the skin with an intensive moisture boost. Select your favourite scent: bourbon vanilla, tiare flowers or exotic lily. A creamy, silky mask is gently applied to the body to supply skin with nutrients and lipids from high quality plant oils. The mask's absorption is intensified by a wonderfully fragrant relaxing massage. Skin has a visibly improved appearance and velvety smooth texture.
50 min / € 110

AQUATIC SCRUB BODY TREATMENT
This ultimate exfoliation treatment is ideal before weight loss or sun tanning. Natural sea salts and marine mud exfoliate infuse the skin with beneficial minerals. Skin is left feeling smooth and refined after the removal of dead skin cells, and the entire body is invigorated and relaxed.
25 min / € 75

SPECIALISED TREATMENTS

THALGO MARINE PRELUDE
This ultimate exfoliation treatment is ideal before weight loss or sun tanning. Natural sea salts and marine mud exfoliate infuse the skin with beneficial minerals. Skin is left feeling smooth and refined after the removal of dead skin cells, and the entire body is invigorated and relaxed.
60 min / € 95

CLASSIC MICRONISED SEAWEED TREATMENT
The entire body is covered with a layer of hot algae, optimizing the penetration of oligo-elements. This has a remineralising, slimming and analgesic effect on the body.
30 min / € 70

AROMACEANE SLIMMING
A total body mask for replenishment of minerals that can be customized to the needs of each client, using Natural Marine Mud (100% mud from the Dead Sea) and essential oils for detoxification, slimming and relaxation.
60 min / € 90

EGYPTIAN MASSAGE
This technique is based on traditional Egyptian methods using a natural sponge (the Loofha or light, relaxing scrub and tranquilizing massage).
30 min / € 75

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MASSAGE TREATMENTS
DRY AREA HAND MASSAGE

**APOLLON MASSAGE**
A combination of the best massages available at our Thalassotherapy Centre, using essential oils. Includes hot stone, bamboo and head massage.
75 min / € 135

**EF ZIN**
Muscle massage with organic Greek olive oil enriched with organic Greek lavender.
30 min / € 75 or 60 min / € 110

**RELAXING MASSAGE WITH ESSENTIAL OILS**
Treatment which brings maximum relaxation, optimised by the calming effects of essentials oils.
25 min / € 60 or 50 min / € 100

**“4 HANDS” RELAXING MASSAGE**
Relaxing massage with essential oils, performed by two therapists for ultimate relaxation.
25 min / € 110

**LYMPHODRAINAGE MASSAGE**
This massage is aimed at our lymphatic system. Soft, slow and regular pressure assists to drain fluids and improve circulation. Ideal for treating oedema and cellulite.
60 min / € 110

**ASIAN MASSAGE**
This is an Indian-inspired massage that combines carefully applied pressure techniques inspired by the principles of Thai and Shiatsu Massage. This massage strengthens the muscles, improves blood circulation and leaves you feeling totally rejuvenated.
50 min / € 100

**BAMBOO MASSAGE**
This massage combines advanced hand movements (kneading, pressure and gentle compression), with the skillful use of bamboo canes, to achieve a deep state of relaxation and major detoxification of the body. Warm bamboo canes are used to unwind the lower back, focusing on tense areas and the rib cage, shoulders and neck. It also stimulates and eases blood and lymphatic circulation.
50 min / € 100

**HOT STONE MASSAGE**
Hot stone massage uses smooth heated stones-basalt-and they are placed on your body, on specific anatomic points and particular energy zones. They are basalt- a black volcanic rock that is characterized by the geomagnetic properties of copper and iron. This kind of stone, absorbs and retains heat well that releases during the massage. This is a totally rejuvenating experience for the body and mind.
60 min / € 120

**SHIATSU MASSAGE**
An ancient Japanese version of Chinese acupressure massage, re-balancing the body’s energy and setting in motion its own mechanisms of defence and recovery. It restores the patient physically, re-energizing to achieve greater inner peace, physical well-being and powers of concentration.
60 min / € 130
ST. BARTH HARMONY PAMPERING BODY MASSAGE
Enjoy a relaxing, gentle body massage with intensive body care products, specially tailored to your needs. Choose pure, warm coconut oil for intensive conditioning of dry skin, cold-pressed avocado oil for delicate skin or ivy gel and menthol oil for strengthening tissue and skin layers.
To round off the experience, let yourself be pampered with a touch of the Caribbean. Select your favorite body lotion with cold-pressed avocado oil, combined with a choice of three scents; pure bourbon vanilla, the Caribbean tiaré flower or lily.
60 min / € 120

ST. BARTH SLIMNESS
For rapid relief and relaxation of tired, swollen legs, especially helpful after extended periods of sitting, standing or after long flights. Our ivy gel releases blockages and drains excess fluids, while strengthening the veins and stimulating the lymphatic system. Menthol and camphor promote microcirculation, refresh and revitalise.
30 min / € 80

ST. BARTH CHILL OUT
This is an intensely relaxing body treatment, ideal for those who need to de-stress and rejuvenate. This unique massage uses a particular type of clam shell with self heating properties. It enhances circulation, moisturises and nourishes the skin with minerals and vitamins and stimulates tissue metabolism and lymph flow.
90 min / € 150

THAI MASSAGE
Thai massage originated more than 2,500 years ago in India. Thai massage is more energizing and rigorous than more classic forms of massage. It is also called Thai yoga massage, because the therapist uses his or her hands, knees, legs and feet to move you into a series of yoga-like poses.
60 min / € 130

REFLEXOLOGY MASSAGE
A specialised massage where the therapist applies pressure to particular points on the feet, balancing the nervous system. According to Chinese medicine, the sensory nerves of the body’s organs are accessed from the soles of the feet. This massage is therefore effective in balancing and improving the function of internal organs.
30 min / € 75

THERAPEUTIC MASSAGE
A specialised body treatment ideal for assisting with muscle injuries.
30 min / € 75

HEAD MASSAGE
An enjoyable, soothing massage of the head, which evokes total calm and relaxation.
30 min / € 75

ST. BARTH MEN RELAXING HEAD & FOOT MASSAGE
The fragrance composition of the STBARTH line HOMME, which has created specifically for men, invites to relaxing moments. Refreshing aloe vera gel and regenerating moisturizing facial fluid HOMME as well as firming body gel and ivy extract pamper stressed male skin. Special massage strokes for the head and foot give new strength and vitality.
30 min / € 80

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30 min / € 80
CRYO & HYDRO TREATMENTS
CRYOTHERAPY

CRYO PENGUIN
Arms 30 min / € 50
Stomach 30 min / € 50
Thighs & Bum 50 min / € 90
Legs / Thighs / Bum 30 min / € 50
Face, Neck & Décolleté 20 min / € 50

Rehabilitation Upon Request
Cryotherapy is the application of cryogenically cooled liquid nitrogen to specific parts of the body and the face, exposing them to extreme temperatures as low as -162°C. The increased blood flow, collagen and elastin formation gives skin tightening, anti-cellulite, anti-ageing, whitening and brightening results. Cryotherapy is often combined with other body & face treatments to effectively “seal” their benefits. Available also in packages of 10 / For the body and face a course of at least 10 treatments is recommended.

JET PLASMA LIFT • CRYOFAN
An advanced bio-electric technology that works in perfect synergy with the skin’s natural bio-electric field activates blood flow and collagen production, increasing skin’s capacity to rejuvenate itself, regain elasticity, appear smoother and bring forth a youthful glow. The micro current and galvanic technology with the application of Jett Serum Liftvital and Whitening Essence, serums containing pure vitamin C, hyaluronic and lactic acid, minimizes the appearance of fine lines, evens texture and gives a glowing healthy skin.
Face, Neck, Décolleté 75 min / € 95

HYDROTHERAPY & HYDROMASSAGE

THALASSOTHERAPY POOL - ANALYTIC JET SESSION
An underwater jet massage is undertaken in the main Thalassotherapy pool, completed by simple exercises, making your body more supple and toned. Offers ultimate relaxation and decreases fluid retention.
Weekdays 45 min / € 45 • Weekends 45 min / € 50

HYDROMASSAGE

SALT WATER BATHS

ST. BARTH DREAM
A jacuzzi bath with the added touch of oil from the Caribbean, offering relaxation and intense nourishment to the skin. This beauty bath gives skin a velvety texture and long lasting glow. It assists with tissue oxygenation and offers the same benefits as a progressive massage, through the use of water jets aimed at various parts of the body. It relaxes muscles and stimulates blood circulation.
20 min / € 55

AFFUSION SHOWER
A relaxing massage under a warm, salt water shower, relieving tension and improving the quality of your sleep.
25 min / € 70

JET SHOWER
A deep massage using high pressure salt water, relaxing the muscles and stimulating blood circulation and the lymphatic system.
15 min / € 50

CHROMOTHERM
In this treatment, seaweed is applied to the body following the method of chromotherapy. Warm seaweed and essential oils, combined with steam, assist with slimming and elimination of toxins.
30 min / € 50

THALAXION SALT WATER HYDROMASSAGE
This therapy combines the principles of acupressure and cryotherapy, with the beneficial properties of a hot tub of salt water. Ideal for treating issues with blood circulation, the lymphatic system and swelling. The head and foot give new strength and vitality.
20 min / € 50
MEDICAL AESTHETIC TREATMENTS
The HydraFacial™ treatment is the newest breakthrough in skin resurfacing technology. This revolutionary treatment combines cleansing, exfoliation, extraction, hydration and antioxidant protection simultaneously, resulting in clearer, more beautiful skin with no discomfort or downtime. The treatment is soothing, moisturizing, non-invasive and nonirritating. It highly improves the appearance of fine lines, wrinkles, congested and enlarged pores, oily or acne-prone skin, hyper-pigmentation and brown spots. With results comparable to more aggressive chemical peels and microdermabrasion you will find this new approach a refreshing and relaxing alternative.

45 min / €120

REVEAL IMAGER™ (SKIN CONSULTATION)
Canfield Complexion Analysis is a method of localization and analysis of skin damage. It is a useful diagnostic tool for the choice of suitable treatment and also for the follow-up of treatment results. Using Canfield’s exclusive RBX Technology, it shows subsurface pigmentation and vascular features to help skin care professionals develop highly targeted treatment recommendations.

15 min / €50

DIAMOND MICRODERMABRASION WITH VITAMIN C
This treatment involves mechanical exfoliation that is perfect for dull, oily, blotchy or sun damaged skin. It minimizes the appearance of fine lines, wrinkles and age spots, enlarges pores, evens skin texture and blemishes. The treatment is enhanced by a powerful anti-oxidizing effect of Vitamin C.

45 min / €150

MICRONEEDLING COLLAGENESIS
Microneedling treatment ensures the improvement of skin tone, scars and stretch marks leading to fresh and radiant skin. Simultaneously during the treatment the therapist deposits vitamins and other healthy ingredients which penetrate immediately and easily in the deepest layers of epidermis.

45 min / €120

FIRE & ICE REJUVENATING TREATMENT WITH AHA*
This treatment starts with a mild facial peeling using acids with low molecular weight and high bio-activity, which is one of the most effective methods for improving the appearance of the skin. A refreshing, chilly facial mask is applied ultimately for supreme results. Fine lines are being reduced and skin discoloration areas (such as freckles) are adjusted, leaving the skin fresh and natural. Acne scars are also softened if present.

*After the treatment you should avoid sun exposure. Suggested from October through March.

45 min / €120
**XERO-LIPO METHOD**
An innovative, pain-free, two different laser wavelengths technology combats and eliminates stubborn, localized fat deposits in areas that are resistant to exercise and diet.

30 min / € 100

**NEUROMUSCULAR STIMULATION USING XERO-LIPO METHOD**
Neuromuscular stimulation combines three different energy activities that results in muscles strengthening and skin tightening in the treated areas.

30 min / € 100

**TARGETED BODY SHAPING WITH HYPOXI™ & VACUNAUT™**
*Available also in packages of 8 including Nutrition control
Hypoxi Therapy concentrates on your problem areas during an easy cardio training program. The internationally recognized and patented Hypoxi method created by Dr. Egger is a unique therapy proven to combat cellulite, stubborn fat deposits and poor connective tissue. Hypoxi therapy has been consistently shown to yield amazing results after just a few sessions. A course of 8 treatments is recommended over 4 weeks with 2 treatments per week.

30 min / € 60

**VELASHAPE**
*Available also in packages of 6 including Nutrition control
VelaShape is the first and only FDA-cleared, non-surgical, alternative for cellulite and circumference reduction. The secret behind VelaShape is a unique technique that combines powerful energies to reduce the volume and appearance of fat tissues. The final result is a gradual smoothening of skin’s surface with a noticeable reduction in cellulite and a circumferential reduction, with noticeable reshaping of the treated area.

A course of 6 treatments is recommended over 6 weeks with 1 treatment per week.

Thighs / € 200 • Hips, Stomach / € 150 • Arms € 100

**BODY CONTOUR THERAPY BY I-LIPO LIPOLYSIS METHOD™**
*Available only in packages of 8 including nutrition control
i-Lipo™ is a low laser lipolysis treatment offering you a way to achieve inch loss and body contouring with no pain, noneedles and no down time. Typically a 2-4 cm loss in abdomen circumference can be achieved with every treatment.

A course of 8 treatments is recommended over 4 weeks with 2 treatments per week.

30 min / € 100
### Beauty Treatments

**Basic Manicure** 45 min / € 40  
**French Manicure** 45 min / € 45  
**Manicure Semi Permanent** 60 min / € 50  
**Basic Pedicure** 60 min / € 45  
**French Pedicure** 60 min / € 50  
**Pedicure Semi Permanent** 60 min / € 55  
**Removal of Semi Permanent Manicure or Pedicure** € 10  
**Nail Polish for Hands** 10 min / € 20  
**Nail Polish for Feet** 10 min / € 20  
**Professional Make Up** 60 min / € 60  
**Wedding Make Up** 75 min / € 150  
**Tryout Wedding Make Up** 60 min / € 50  

### Waxing

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
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<tr>
<td>Full Leg</td>
<td>€ 50</td>
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<td>Half Leg</td>
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<td>Underarms</td>
<td>€ 25</td>
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### Fitness Centre

Our fully equipped gym, with state-of-the-art Technogym machines, offers everything you need for a complete workout.  
€ 40

**Group Classes**  
€ 20  
**Yoga Lesson**  
€ 20  
**TRX Personal Training**  
30 min / € 40

**Personal Training (By Appointment)**  
A custom exercise program tailored to your personal requirements, designed to enhance and improve fitness and physique. You can also choose from Pilates, Yoga, Aqua Aerobics or a total body workout.  
* mandatory gym entrance fee  
60 min / € 40 (spa members)

**Hammam**  
The traditional Oriental steam room, with its benefits of "wet heat", generated by temperatures ranging between 40-45°C. Moisturizes, relaxes and stimulates blood circulation and the lymphatic system of the body.  
€ 40

**Sauna**  
The original Norwegian steam room, generating dry heat with temperatures between 80-90°C. Intense sweating provides natural detoxification and relieves muscle pain. Especially effective for weight loss.  
€ 40

**Nutritional Counseling Session**  
Initial Consultation € 65 • Following Consultations € 45

**Food Intolerance Test (Blood Test FSD)**  
€ 170

**General Check-Up With Our Physician**  
€ 50
“HEALING BEGINS, WITH AN AROMATIC BATH AND DAILY MASSAGE.”

HIPPOCRATES
FOR RESERVATIONS
T: +30 210 89 11 900

10, Ag. Nikolaou & Iliou Str.,
16671 Athens - Vouliagmeni, Greece
T: +30 210 89 11 100 / F: +30 210 965 8010

OPENING HOURS
Monday to Friday 10.00 - 22.00 / Saturday 10.00 - 20.00 / Sunday 11.00 - 19.00

divaniapollonthalasso.com