

SPA ETIQUETTE

- Please arrive 15 minutes before your treatment. When late the duration of the treatment will have to be reduced. Regrettably we have to charge for appointments not cancelled 24 hours in advance.
- Prior to your treatment, you will be requested to complete a medical evaluation form.
- You will be given a locker with a key, along with a bathrobe, towel and slippers. While entering the thalassotherapy pool, sauna or steam room facilities you don't take with you bags or any other personal item. The key will be given to you upon your arrival at the spa reception where you will return it upon your departure.
- Please remove all jewelry and clothing, leaving on your undergarments or swimsuit. For some treatments you will be provided with disposable undergarments by your therapist. If your treatment involves water therapy you are required to take a shower and wear a swimsuit.
- For your safety and convenience, we recommend that you leave your valuables at home. Lockers for storage are provided, however we regret that we cannot be responsible for loss or damage of personal articles.
- During treatments, please let your therapists know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. Your comfort and care is our utmost important priority.
- If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort.
- There is no pressure to talk during a treatment. It is entirely up to you. If you have any questions or would like to talk, certainly do so. The therapists will take their cues from you. If you are quiet they will be too.
- Mobile phones and other electronic devices are not permitted in the Spa treatment rooms. Those devices in relaxing areas must be used with discretion and at your own risk (Neither oral telephone communication nor photographs). This is the time for your body and mind to release the worries and stresses of the day.
- The Divani Apollon Spa & Thalasso is an adult oriented environment, therefore we are not able to accept appointments for children under the age of sixteen (16).
- Because we are concerned about your health and beauty, as well as our environment, our Spa is smoke free (no e-cigarette either).
- While enjoying our premises you may consume strictly the goods serviced on our buffet.
- **IN CASE OF EMERGENCY: from the Reception area, follow the stairs, 2 floors up, and you will find the outside swimming pool area of the Hotel.**
- **OPERATING HOURS:**
 - Monday - Friday: 10:00 a.m. – 22:00 p.m. (*)**
() Gymnasium is provided from 08:00 a.m. until 22:00 p.m. on weekdays*
 - Saturday: 10:00 a.m. - 20:00 p.m.**
 - Sunday: 11:00 a.m. - 19:00 p.m.**